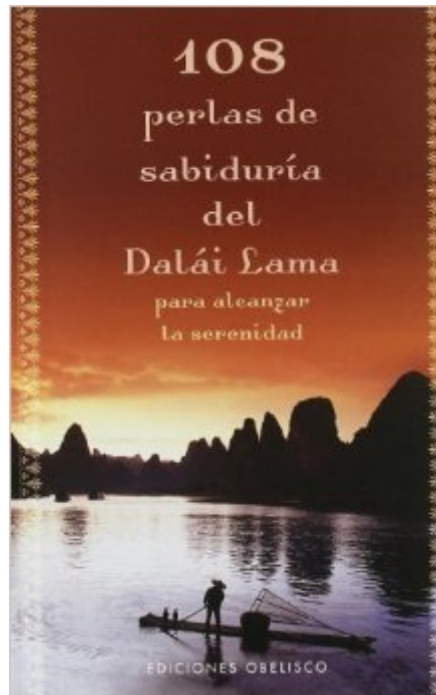


The book was found

# 108 Perlas De Sabiduria Del Dalai Lama (Spanish Edition)



## Synopsis

Las enseñanzas del Dalai Lama, llenas de sensatez y de una sabiduría pragmática, acompañan día a día en esa Vía de la transformación espiritual que es el budismo tibetano. Con esta obra, en la que se proponen ocho meditaciones, cifra que representa las 108 cuentas del rosario, el mala, con el que se practican y recitan los mantras, esas oraciones que ayudan a calmar el espíritu y el corazón, la autora espera inspirar al lector, y, al mismo tiempo, ayudarlo a rozar con la punta de los dedos la compasión, la tolerancia, el amor, la bondad y el respeto infinito por los demás. /

Reflections from the Journey of Life is a collection of some of the Dalai Lama's most inspirational edicts, taken from Catherine Barry's personal interviews with him. The themes are love and happiness, emotions, unity of all life, violence, death, the environment, desire, humility, and more. A true guide to universal wisdom, this book offers contemplations and advice on the ever-changing moods of the soul and spirit. His wisdom comes not only from the knowledge bequeathed to him through lineage, but also from his life experiences and depth of empathy for humankind. The Dalai Lama shares his unparalleled insight, tolerance, and understanding with a wide-ranging scope.

## Book Information

Paperback: 192 pages

Publisher: Obelisco; Tra edition (October 15, 2009)

Language: Spanish

ISBN-10: 8497775643

ISBN-13: 978-8497775649

Product Dimensions: 5.3 x 0.6 x 8.2 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (1 customer review)

Best Sellers Rank: #1,916,182 in Books (See Top 100 in Books) #129 in Â Books > Libros en español > Religión y espiritualidad > Budismo #213 in Â Books > Libros en español > No-Ficción > Filosofía > Oriental #233 in Â Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Dalai Lama

## Customer Reviews

Among the best readings in my library. You can read each pearl day by day or altogether. In any case, it would inspire you to be a better person.

[Download to continue reading...](#)

108 perlas de sabiduria del Dalai Lama (Spanish Edition) Buddhism: Buddhism for Beginners: The Complete Introduction to Buddhism: Meditation Techniques, Acceptance, & Spiritual Practice (Buddhist, Meditation, ... Mindfulness, Zen, Inner Peace, Dalai Lama) BUDDHISM: 50 Buddhist Teachings For Happiness, Spiritual Healing, And Enlightenment (Buddhism For Beginners, New Age Meditation, Dalai Lama, Zen Buddhism, Spiritual Guide, Stress Free, Dharma) Living in "The Now" in Easy Steps (Understanding Eckhart Tolle, Dalai Lama, Krishnamurti, Meister Eckhart and more!): 7 Lessons & Exercises to Stop Your ... Live in the Now (The Secret of Now Book 1) The Dalai Lama: A Life Inspired The Story of Tibet: Conversations with the Dalai Lama BUDDHISM: for Beginners! From Dummies to Expert. Beginners Guide for Learning the Basics of Buddhism (Zen, Meditation, Dalai Lama, Yoga, Buddha, Dharma, Happiness) La sabiduria del padre Brown (Spanish Edition) Cambie Sus Pensamientos y Cambie Su Vida: Viva la sabiduria del Tao (Spanish Edition) CUSCO: El Umbral de la Sabiduria: Viaje al Centro Energetico del Mundo (Spanish Edition) The Tibetan Book of the Dead: Or the After-Death Experiences on the Bardo Plane, according to Lama Kazi Dawa-Samdup's English Rendering The Tibetan Book of the Dead: Or, The After-Death Experiences on the Bardo Plane, according to Lama Kazi Dawa-Samdup's English Rendering (Galaxy Books) Cuerpo de Mujer, Sabiduria de Mujer / Women's Bodies, Women's Wisdom (Spanish Edition) El Quinto Acuerdo: Una guía práctica para la maestría personal (Un Libro De Sabiduria Tolteca) (Spanish Edition) El Chi Kung de la Sabiduria (Spanish Edition) Tao Te Ching: En Espanol: sabiduria atemporal (Spanish Edition) La gula de la sabiduria oculta de la cabalá (En Progreso) (Spanish Edition) El Libro de Enoc el Profeta (Arca De Sabiduria / Wisdom Ark) (Spanish Edition) CAMINO DE LA SABIDURIA (Spanish Edition) Las Cuatro Revelaciones/ the Four Insights: La Sabiduria, El Poder Y La Gracia De Los Guardianes De La Tierra/ Wisdom, Power and Grace of the Earthkeepers (Spanish Edition)

[Dmca](#)